

Patient Health Goals:

Name and Date: _____

We all have desires regarding our health, and knowing these goals is very important to Dr. Czarnecki. The more he can understand your desires for health, the better he can help you achieve optimal health and happiness. Understand that Dr. Czarnecki has a near %100 success rate helping patients regain strength, vitality, fitness, and well being.

In order to get you better, please tell us your top two health goals:

My primary desire is:

_____.

My secondary desire is:

_____.

Many patients report with pain, dysfunction, degeneration, and weakness. To better understand how your condition is affecting you, please inform the doctor of your primary fears and limitations that concern you with your health.

My primary concern or fear is:

_____.

My secondary concern or fear is:

_____.